

“ Helping Communities Heal ”



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குடும்ப புனரவாழ்வு நிலையம்
FAMILY REHABILITATION CENTRE

ANNUAL
REVIEW | 2017

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LETTER FROM CHAIRMAN

The year 2016 /2017 was a well-balanced year for FRC in its strive towards sustainability. We were able to expand our services and strengthen few sectors despite challenges that include changes in key staff positions.

There is an increasing recognition for psychosocial service provisions including counselling services, by the government and measures taken to develop policies, action plans and to recruit more human resources into the department of health, social and education. We were able to utilize the window of opportunity by these positive changes by not only making more inroads into the community but also to establish better collaboration with different governmental departments that includes health, social and education. Further we have stepped up more preventive and health promotional activities in the community through public awareness raising and sensitization programmes for other stakeholders. This has not only encouraged the needy clients to sought help from us as well as appropriate services but also strengthened the capacities of our staff as well other key stakeholders.

There were increase in psychosocial issues that includes child abuse, gender-based violence, substance use, family conflicts and suicidal behaviour throughout the country and particularly in the North East. the process is very slow and not enough to address the fears and anxieties in the community.

As Chairman, on behalf of the Board of Governors, I wish to congratulate all the staff who performed to their maximum potential despite the challenges faced last year and contributed to keep up the name and recognition of our organization-Family Rehabilitation Centre. I take this opportunity to thank all who have helped us-government departments, nongovernmental organizations, well-wishers who have contributed to our growth and performances. Many donors offered their support and I sincerely hope that we have matched their expectations through our outcomes. Lastly but not the least our clients who has been maintaining belief of our services and given us the opportunity to serve them.

Dr.T.Gadambanathan
Chairman, Board of Directors

MISSION STATEMENT AND VISION

MISSION:

To serve as one of the leading national organizations in rehabilitation of trauma survivors by engaging in counselling and holistic psychosocial services, and build capacity of relevant stakeholders to effectively address and prevent trauma in Sri Lanka

VISION:

Communities and systems strengthened to effectively address and prevent trauma in Sri Lanka.

ACRONYM KEY

The following acronyms are used throughout this report. Please use this helpful key to best understand specific programs, individuals, and staff titles throughout this report.

CV	Community Volunteers
DAC	Divisional Action Committee
GRLAC	Grass Roots Level Action Committee
HRC	Human Rights Commission
IFM	Immediate Family Members
MHPSS	Mental Health and Psychosocial Services
MO	Medical Officer
MoHNIM	Ministry of Health, Nutrition, and Indigenous Medicine
MOMH	Medical Officer Mental Health
NIMH	National Institute Mental Health
PCMHC	Primary Community Mental Health Centers
PDHS	Provincial Director Health Services
RDHS	Regional Director Health Services
TS	Trauma Survivors
VoT	Victims of Trauma
WDO	Women Development Officer

FRC AT A GLANCE

Overview

- The Family Rehabilitation Centre (FRC) was founded in 1992. As a humanitarian, non-profit, non-governmental organization, FRC seeks to effectively address and prevent trauma in Sri Lanka through strengthening communities and government systems within Sri Lanka. FRC provides services for individuals affected by conflict-related as well as structural and systemic violence.

Key Accomplishments

- Over the years, FRC has served over 30,000 trauma-affected individuals in Sri Lanka
- FRC has provided services in 20 of the 25 Provinces since the birth of the organization in 1992
- FRC has provided counselling, psychosocial support, capacity-building, and advocacy during and in response to the 2004 Tsunami and the 2016 Aranayaka landslide.

Areas of Work

- Operated out of their head office in Colombo, FRC employs 60 people whom provide counseling, psychosocial support, trauma awareness, advocacy, training and capacity building. The dedicated staff has provided services in the North, North West, Western, Eastern, and Southern Provinces, and continues to expand throughout various Districts and Provinces of Sri Lanka today.

FRC'S THREE PILLARS

Activities Implemented:

- Psychosocial services
- Networking and Referrals

REHABILITATION

Activities Implemented:

- Awareness Raising
- Advocacy

PREVENTION

Activities Implemented:

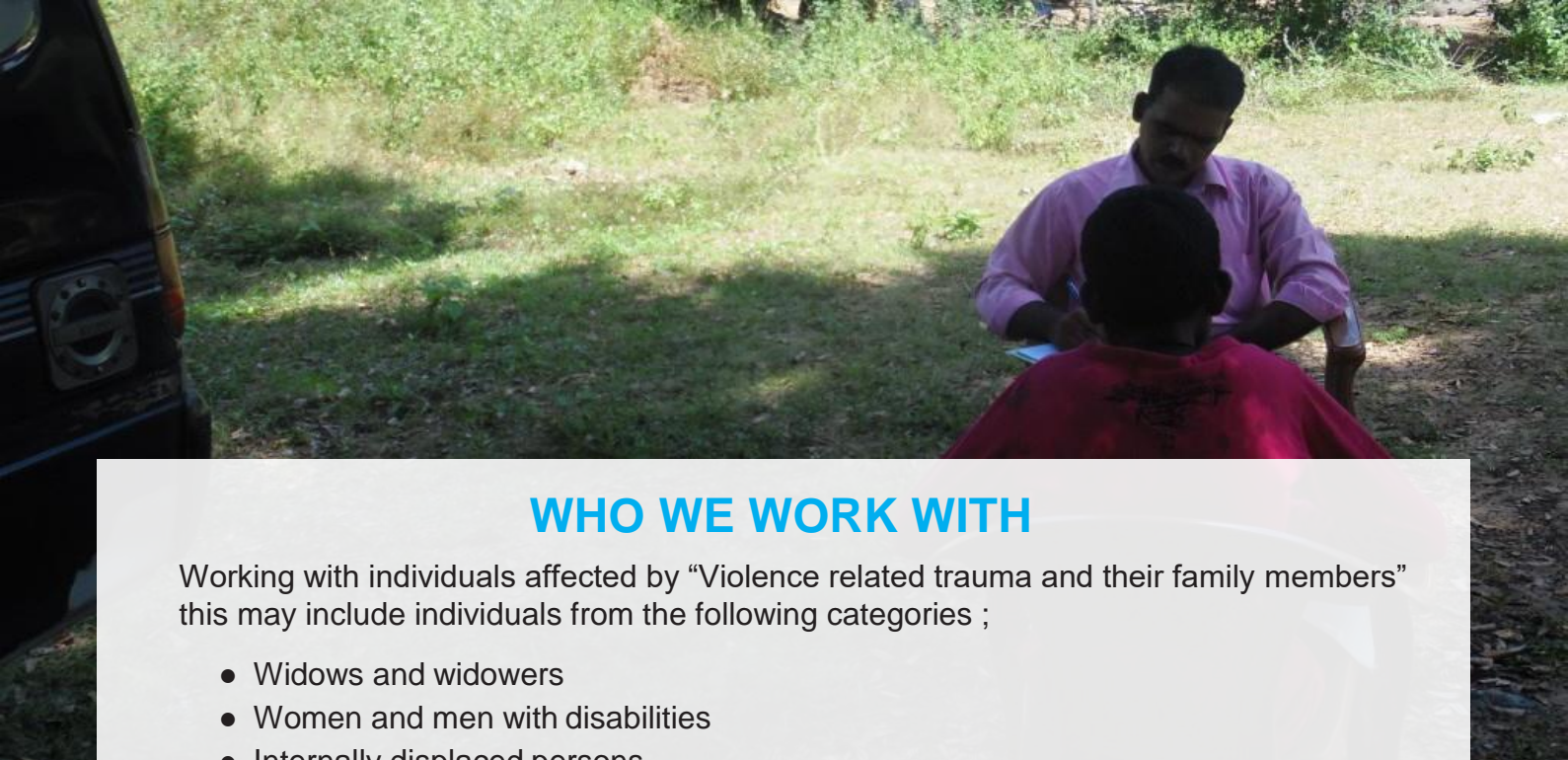
- Data Management and Learning
- Capacity building for relevant stakeholders

CAPACITY-BUILDING



REHABILITATION

FRC works with survivors of various types of trauma, including systemic and structural violence and conflict-related trauma. FRC Psychosocial Workers (PSW) utilize both individual and group counselling, which is done using a counselling framework that progresses through three stages: (1) Safety & Security, (2) Remembering & Sharing and finally (3) Reconnecting with the Community and terminating services. Working in conjunction with this framework, the PSWs at FRC use culturally-validated alternative counselling methods (i.e. relaxation techniques, coping and communication skills, meditation). These various counselling modalities work to reduce the clients reported symptoms as well as to help increase resilience and promote reintegration into the community. The Client Intake Form (CIF) is a culturally-validated tool that is used to measure the client's adaptation and reduction of distress. It is initially administered at the beginning of counselling and is then periodically used to measure the client's progress.



WHO WE WORK WITH

Working with individuals affected by “Violence related trauma and their family members” this may include individuals from the following categories ;

- Widows and widowers
- Women and men with disabilities
- Internally displaced persons
- State and non-state ex-combatants
- Migrant workers
- Torture survivors
- Survivors of domestic violence and sexual gender based violence
- Immediate family members of the individuals mentioned above



PREVENTION

Along with treating Trauma Survivors, FRC works to increase the awareness of the community surrounding issues of trauma and the effect that it can have on someone. We believe that an increased level of awareness will help to prevent future incidents of trauma and will reduce the stigma associated with victims of trauma. This awareness is aimed at two sectors, the Community and the State. At the community level, awareness is raised regarding stigmatization of persons living with mental health and psychosocial issues, causes and effects of trauma, and supportive mechanisms needed for trauma survivors. Within the State sector, FRC hopes to influence officials in order to help improve service provision as well as to address practices that can lead to trauma, such as torture.



CAPACITY - BUILDING

FRC believes that in order for effective service provision they must also equip the relevant parties and contributors with the knowledge and skills to be able to operate in an informed manner when working with potential trauma survivors. This includes collaboration with organizations like Ministry of Health, Nutrition & Indigenous Medicine, Ministry of Education, Ministry of Social Empowerment & Welfare, as well as developing curriculums for Teacher Counselors, Counselling Assistants and primary health care officials on topics such as providing competent psychosocial supports, effective communication skills, how to more effectively counsel someone effected by violence-related trauma, the differences in various types of trauma, Psychological First Aid, and self-care. FRC's capacity-building also includes facilitating trainings with other stakeholders, such as police, prison officials, and lawyers. These trainings enhance the knowledge base of stakeholders on how to better interact with and serve those who have been affected by trauma within their roles.

PROJECTS ACCOMPLISHED IN 2017

Program Name : Women Building Peace in Sri Lanka

Funded by : FOKUS

This project was implemented in Jaffna, Kilinochchi and Mullaitivu districts, working to bring psychosocial support services to 95 women and 826 people aided through the project.

Program Name : Improving Access to Sexual Reproduction Health Services and Assistance to Victims of GBV in Sri Lanka

Funded by : MdM

This project was implemented in Jaffna, Kilinochchi and Mullaitivu districts, working to bring psychosocial support services and to build capacity of communities to 3,938 people.

Program Name : Communities Gain Capacity for Recovery and Reconciliation

Funded by : NTT

This project was implemented in Jaffna and Kilinochchi districts, working to bring psychosocial support and livelihood services to 133 people.

Program Name : Sri Lanka Adverse Weather Response-2016 in Aranayaka

Funded by : USAID

This project was implemented in Kegalle district, working to bring psychosocial support services and to build capacity of communities to 1,690 people.

STORY OF CHANGE: SHIVANEE'S STORY

Shivanees is a 34-year-old mother of 3 who was identified through FRC's screening clinic and has been registered for counselling. Initially, she complained of difficulty in concentrating and somatic symptoms. Shivanees supports her and her children through the limited income that she earns doing small fishing labor.

Once trust and rapport were built within counselling, she reported harbouring anger towards her husband, with whom she has been separated from for three years. She noted that her family and siblings did not approve of her previous love marriage and refused to interact with her. She reported facing sexual harassment at work, noting persuasive sexual advances with her fellow workers. She indicated complex feelings towards this, as she is interested in having a sexual relationship with someone that she knows outside of work.

Throughout counselling, Shivanees reported feelings of sadness, anger, low self-esteem, loneliness, lack of interest, and confusion. However, through FRCs intervention, she was able to process sadness and anger related to her husband and their separation, identify her feelings and the repercussions of actions related to those feelings, which was important due to the fact that her anger was commonly directed towards her children. As self-esteem intervention was also utilized in order to help Shivanees identify positive traits that she possesses.

In order to help Shivanees prepare for the future, she was provided psychoeducation on sexual health, including her rights, liberties, and methods of keeping herself safe. This included a conversation with her PSW about sexual relationships, risks, and methods of mitigating negative consequences.

The PSW provided assertiveness trainings and precautions for safety that Shivanees could take, regarding her experienced sexual harassment at work. When implemented, she reported feeling more safety and peace at work and did not report any further incidents related to sexual harassment.

Following counselling termination, a follow-up visit indicated a drastic change, resulting in a healthier home environment for both herself and her children. While her income remains the same, she reports feeling more relaxed, focused, more equipped to handle daily tasks, and is more affectionate and caring towards her children.

*Shivanees is pseudonym name for the client.

STORY OF CHANGE: PRIYA'S STORY

Priya* is a 32-year-old married female with a 4-year-old son, whose parents live with her and her family in Killinochichi. Priya accessed FRC's services noting difficulty with her family relationships, and anger related conflicts with her husband. She also reported the loss of her aunt during the war and complained of somatic symptoms (in the form of chest, leg, and back pain), sleeping, and self-esteem related issue due to the wounds and trauma that she sustained during the conflict.

In 2007, Priya, her mother, and herself were forced into hiding due to forceful recruitment searches. Unfortunately, they were captured and placed in the spy squad. While she was held captive, she reported attempting to escape many times, during which in one incident she reports witnessing the murder of her friends whilst escaping. She noted that due to this incident, she harboured feelings of survivor's guilt and had consistent flashbacks. After returning home, towards the end of the war, Priya and her aunt were hit by a missile, which killed her aunt and injured her jaw sufficiently to cause difficulty consuming food. During the incident she was also shot. While in serious condition, she was captured by the army and placed in a detention center. She was interrogated and forced to watch other prisoners being tortured. She was later relocated to a detention centre where she was held for a year before being released. While initially hesitant to counselling, Priya was able to create a more trusting and open relationship with her counsellor through various relaxation and breathing techniques, introduced by her PSW, which helped her cope with her feelings of anger and loss. These breathing techniques also aided in alleviating various chest pains that she experienced. Priya was also referred to a doctor of podiatric for somatic pains and stiffness and was also prescribed medication to help with her sleeping issues. Through the obtained medical and physiotherapy services, Priya was able to attain a medical certificate for her injuries which allowed deferred compensation and made her eligible to apply for livelihood services.

Priya reports better control over her anger, fewer fights with her husband, and is currently pregnant with her second child and is extremely excited about. Due to her pregnancy, she is still obtaining services from FRC, with the hope to help her through the physical and emotional process.

Throughout treatment, Priya was assessed 3 times using the Client Intake Form (CIF), which assesses clients' adaptation to life after a traumatic incident and monitors the reduction of stress throughout treatment. Priya's CIF scores indicate a 28.6% increase in adaptation and a 30% reduction in stress.

*Priya is pseudonym name for the client.

OUR CURRENT PROJECTS

Rehabilitation Services for People Affected by Trauma Resulting from Conflict or Structural Violence in the Northern Province of Sri Lanka (EU-EIDHR)

Victims of Trauma Treatment Program (TAF via USAID)

Rehabilitation of Torture/ Trauma Victims (IRCT via OAK Foundation)

Improving Psychosocial Support for Women Engaged in the Transitional Justice Processes in Sri Lanka (FOKUS)

REHABILITATION SERVICES FOR PEOPLE AFFECTED BY TRAUMA RESULTING FROM CONFLICT OR STRUCTURAL VIOLENCE IN THE NORTHERN PROVINCE OF SRI LANKA (EU-EIDHR)

This project aims to contribute to the restoration of individual, family and community well-being by reducing the vulnerabilities as well as the residual & on-going trauma among communities in the Northern Province of Sri Lanka. Through this project, FRC will be implement 3 specific objectives, outlined below, in all five Districts in the Northern Province (NP).

- (1) To improve the mental health of 3,000 at-risk community members, including those suffering from trauma due to the negative impact of conflict as well as systemic and structural violence, using a holistic approach;
- (2) To increase and improve the quality of psychosocial services provided to vulnerable communities by both the State and other Non-Governmental Organizations (NGOs); and
- (3) To promote and defend the rights of survivors of violence.

VICTIMS OF TRAUMA TREATMENT PROGRAM (TAF VIA USAID)

The Victims of Trauma Treatment Program-Modification project seeks to enhance the overall wellbeing and resilience of individuals, families and communities affected by conflict through holistic rehabilitation services and care. Further, to enhance the quality of psychosocial support services surrounding the negative discourse and stigma surrounding mental health the project also support capacity building of Governmental and Non-Governmental Organizations. Ultimately, the project will increase access to holistic rehabilitation services for trauma survivors in Sri Lanka.

PROVISION OF REHABILITATION SERVICES FOR TORTURE/ TRAUMA SURVIVORS (OAK)

The project is a holistic psychosocial rehabilitation service for trauma and torture survivors aimed at reintegrating them into their roles within their family and larger community. Further, the project aims to increase preventative measures employed by Governmental and Non-Government Organizations through sensitization trainings to decrease future instances of trauma, torture, and re-traumatization of the public.

In order to accomplish the goal of this project by 2020, the following 4 described activities are to be implemented in FRC Centres around Sri Lanka:

1. Implement a successful clinical outreach programme & provide psychosocial support to Survivors of torture (TS)/ Trauma
2. Increase access to services, including medical and physiotherapy aiming at filling the gaps in the Torture/ trauma related services
3. Empower survivors of Torture and community to take necessary action against related issues by creating awareness on rights and preventive strategies for direct and indirect beneficiaries.
4. Strengthen community based psychosocial needs identification mechanism so that clear Referral systems for other service provisions related to rehabilitation are made appropriately.

IMPROVING PSYCHOSOCIAL SUPPORT FOR WOMEN ENGAGED IN THE TRANSITIONAL JUSTICE PROCESSES IN SRI LANKA (FOKUS)

This project seeks to provide appropriate, quality MHPSS services to women from conflict-affected communities before, during and after their participation in transitional justice processes. Ultimately, this project aims to protect and enhance mental health and psychosocial wellbeing of affected Sri Lankan women. In order to accomplish this goal by 2020, the following activities will be implemented by FRC:

- NGO and State MHPSS service providers will enhance their knowledge on provision of psychosocial services in relation to the TJ process.
- Referral and facilitation of survivors' participation in truth & reconciliation processes.
- Communities and social service providers will have increased knowledge on psycho-education activities related to MHPSS issues, transitional justice and other available services. Additionally, they will work to strengthen their networks.

AWARENESS TESTIMONIAL

During a transitional justice awareness programme conducted by Family Rehabilitation Centre in Mullaitivu, a participant who was a mother of a missing daughter during the conflict posed a question that she had created an account for her daughter at a government bank when she was a minor, however, now that she is missing, the participant cannot access the account. Whilst sharing this problem, another participant revealed that she had experienced similar difficulty and that she had spoken to the bank and was able to change it into a joint account. FRC encouraged the participant to do the same thing and volunteered to help her. FRC obtained the supporting documents from the participant and discussed this situation with the Regional Manager of the bank and they ensured that they will take steps to resolve this issue.

CAPACITY BUILDING TRAINING PROGRAM - PARTICIPANT'S FEEDBACK

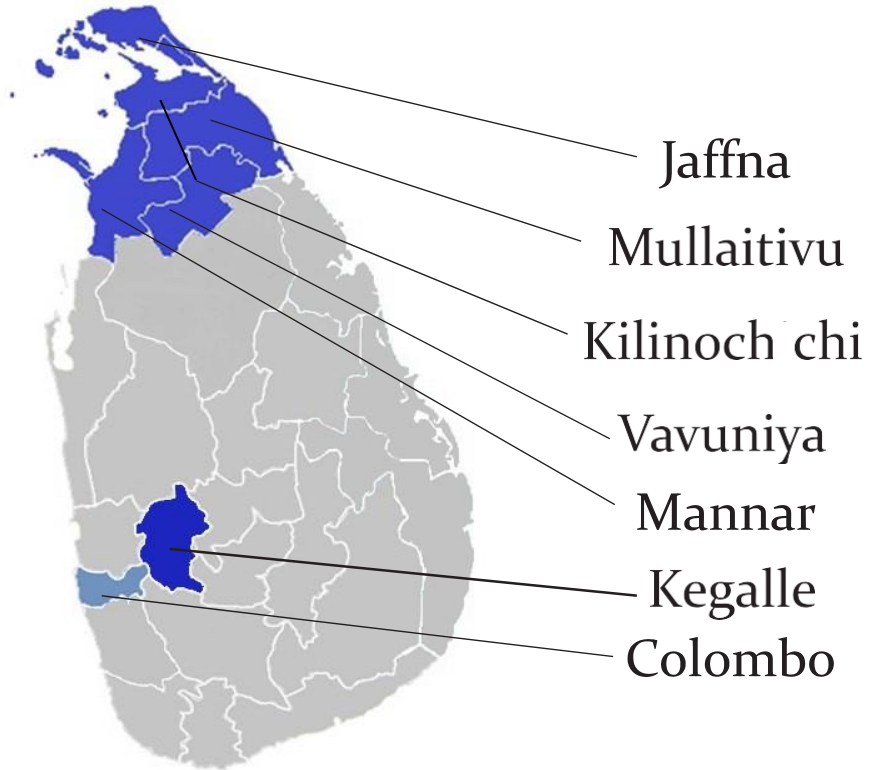
“I am Shanmugha Tharshini, from Pallai, Kilinochchi district. I am currently working in an organization that focuses on the dignity and rights of the people who have been affected by the conflict. I had participated through the organization for the Family Rehabilitation Centre’s training programme.”

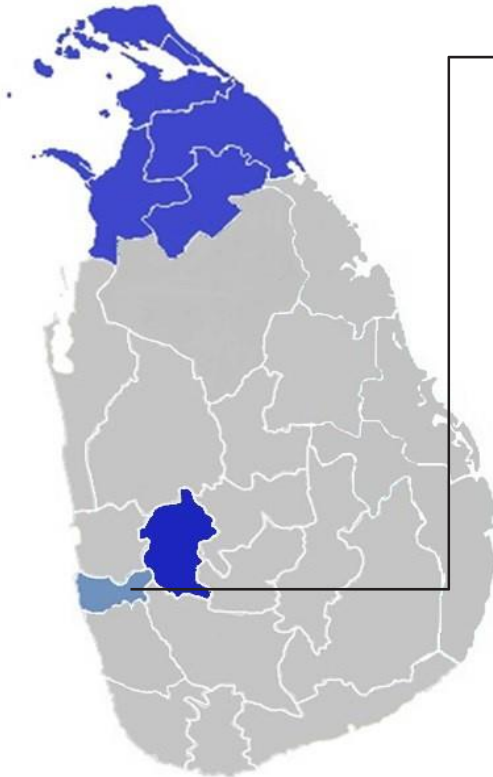
“During the first day of the training programme, I was able to understand the meaning of transitional justice, including its mechanisms such as truth-seeking, prosecution, reparations, memorization and institutional reform and also how to be able to compare it with the current situation. Moreover, the facilitator explained the importance of women being a part of the transitional justice process and how to connect them to it.”

“On the 2nd day, through group activities we explored and learned about the United Nations’ contribution in Sri Lanka, as well as the who best to work with in the Sri Lankan courts and their processes. Opinions from all organizations were encouraged during this activity. The facilitation clearly explained the function of the Office of Missing Persons (OMP), the Sri Lanka’s Lessons Learnt and Reconciliation Commission (LLRC)’s participation, local courts, international courts and the violations of human rights.”

“Honestly, I gained a lot of knowledge during these 2 days of trainings. It has made handling the work within the village districts easier. I believe that it would be very useful if the FRC facilitator does similar trainings all over the country and districts and that these training should definitely continue. I would like to thank Family Rehabilitation Centre for giving us this training.”

**Where
We
Work**





COLOMBO



FRC Head office is based in Colombo and is the administrative centre of the organization. Head office is responsible for overlooking of the program implemented in the project locations.



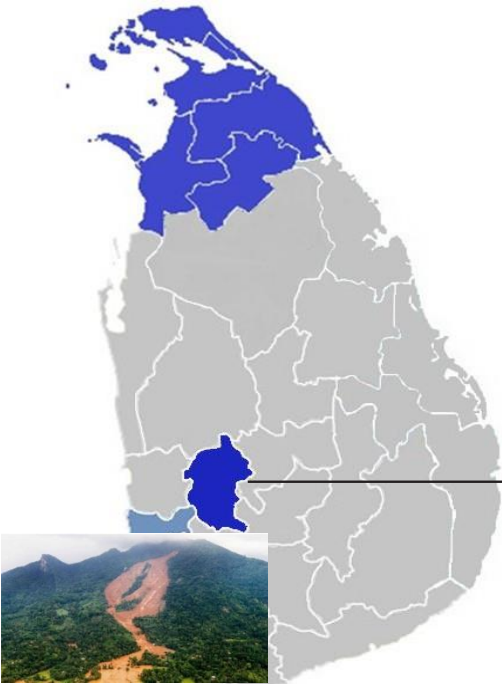
Necessary program related activities such as liaising with current and prospective international & national donors and partners, strategic planning, submission of project proposals and reports; research related assistance and communication are done from Colombo. Further, the clinical supervision and database management are governed by the head office. These services are provided from Colombo based upon specialized technical knowledge and best practices to implement the activities in efficient manner.



Administrative related activities such as finance, human resources, information technology, and procurement are also coordinated by FRC head office.

KEGALLE

Sri Lanka Adverse Weather Response- 2016 Project.



83
Counselling
Clients

425
Counseling
Sessions

132
Were
capacitated

1,690
Community
Members are
Reached



The Aranayaka project commenced in July 2016, and came to an end in June 2017. Throughout the year long project FRC worked closely with the landslide survivors, community members, government officials, and members of the Community Development Center (CDC) in Ussapitiya. FRC initiated work on this project with the objective of treating and rehabilitating the affected population in Aranayaka to overcome the acute stress and trauma experienced due to the landslide that occurred in their community.



NORTHERN PROVINCE

1,227
Clients

3,950
Counselling
Sessions

434
Were
capacitated

5,780
Community
Members are
Reached

Number receiving medical	77	Number of CVs	27
Number receiving physiotherapy	50	Number of PSWs	13
Number receiving counselling	593	Number of medical doctors from MOMH	5
Total number of counselling sessions	3,950	Number of physiotherapists from MOH	5
Average number of counselling sessions attended	7	Provided Livelihood Support	25
Number of GRLACs	27	Number of Orientation Programs and or Awareness programs	51
Number of GRLAC members	302	Number pf people made aware	2,295

STRATEGIES FOR FUTURE GROWTH: REHABILITATION

A holistic, wellbeing approach has been adopted in collaboration with the MoHNIM in order to provide physiotherapy and basic medical services, which are offered to all clients. FRC will continue its counseling services as center-based and regular assessments and follow-up will be conducted to monitor the progress of counselling. It will also continue its established method of identifying communities in need of MHPS services, raising levels of awareness of mental health and psychosocial issues, and then identifying at-risk individuals to whom services will be provided. Referral systems are currently in place to assist clients with legal aid, specialized medical support, livelihood assistance and other support based on their needs.

- FRC plans to launch programmes in the Northern, North Western, Eastern, and Western Provinces.
- FRC has identified 3 areas for future growth, listed below.

1) To develop specialized therapeutic techniques for survivors of gender-based violence

2) Extend services to other geographical areas

3) To introduce a program for advocacy supported by field data.

WHO WE SERVE

FRC Clients	Jaffna	Mullaitivu	Killinochichi	Vuvuniya	Mannar	Colombo	Kegalle	Total
Total clients served in 2017	98	136	127	64	82	3	83	593
Total male	0	9	3	4	18	1	18	53
Total female	98	127	124	60	64	2	65	540
18 years and younger	0	0	0	0	1	0	9	10
19-32 years	17	19	24	11	18	2	13	104
33-55 years	58	79	76	33	44	1	34	325
55 and older	23	38	27	20	19	0	27	154
Sinhala	0	0	0	0	0	3	83	86
Tamil	98	134	127	64	82	0	0	505
Muslim	0	2	0	0	0	0	0	2

STRATEGIES FOR FUTURE GROWTH: CURRENT STATUS AND FUTURE GOALS

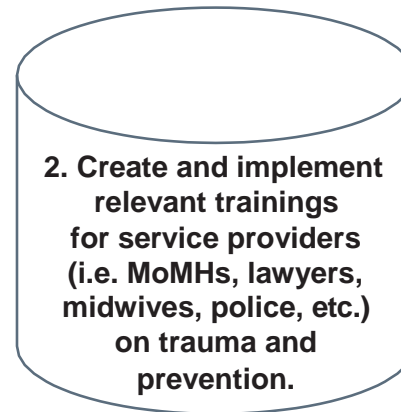
Given the demonstrated need for continued support, FRC will maintain its presence in the Northern Province, and plan to expand our activities to selected districts in North Western, Western, and Eastern Provinces of Sri Lanka that have requested FRC's services. In these provinces specifically, the current discourse is primarily focused on recovery, reconciliation, and implementation of mechanisms for accountability, which will continue to be addressed through the provided services of FRC.

FRC aims to heighten the awareness of the need for psychosocial support and in turn increase the number, availability, and skill of the services providers. FRC aims to improve the capacity and influence the attitudes of state officials engaged in providing services to trauma survivors throughout Sri Lanka. These preventative and capacity-building efforts will continue through further work by advancing design and implementation of training programs and manuals for state and FRC service providers.



STRATEGIES FOR FUTURE GROWTH: PREVENTION

FRC targets its prevention work at two levels, the Community and the State. We will continue to work within both of these sectors in an attempt to raise awareness of trauma-related issues within the country, improve the overall response to those who have been affected by trauma, and to facilitate appropriate State officials to increase and improve services provided to trauma survivors, as well as to curtail practices that may lead to trauma. This work will continue in order to facilitate an increase in communities appropriately identifying and working with trauma-related issues, as to better serve those affected by trauma.



STRATEGIES FOR FUTURE GROWTH: CAPACITY-BUILDING

FRC strives to contribute to the knowledge and methodologies of trauma counseling, stress management, and psychosocial work and developing M&E tools in the mental health and psychosocial sector. In doing so, FRC aids many stakeholders within this sector (i.e. MoMHs, MOO, Primary Health Care Officials, lawyers, police and prison officials, ect.) by implementing and facilitating trainings, assessment tools, and evaluations for these stakeholders, as well as FRC staff.

FRC continues to progress in its capacity-building abilities, and has established the following 5 areas/activities for future growth:

Conduct trainings for GRLAC and CVs on identification and referral for trauma survivors

Facilitate trainings for relevant officials on identification and referrals for trauma survivors

Training for counsellors on use of counselling framework, assessment tools, etc.

Facilitate development of assessment tools and provide training on tools for counsellors of government and non-government institutions

Develop an appropriate data management system together with governmental and non-government institutions

STRATEGIES FOR FUTURE GROWTH: INSTITUTIONAL DEVELOPMENT

Following a systematic review of the strengths and weaknesses, FRC developed their institutional development plan for 2016-2019, aimed at better delivering the three programme areas (rehabilitation, prevention, and capacity-building) over the next four years.

FRC is continuing to implement a resource and networking strategy for the future, which is outlined below.

Resource Strategy

- Invest in in-house proposal development capacity and implementation
- Create funding pipeline management system
- Develop a sustainability strategy

Networking Strategy

- Increase participation at regional, national and international mental health, mental health policy and the National Action Plan for Human Rights conferences
- Continued Networking with academic institutions to aid in the implementation of new trends in the field

OUR DONORS



PARTNERSHIP

Notably, FRC implements programmes in partnership with significant support from:

- Consortium of Humanitarian Agencies (CHA)
- District and Base Hospitals
- District and Divisional Secretariats (GAs & AGAs)
- District NGO Consortiums
- European Union
- FOKUS Women
- Human Rights Commission (SLHRC)
- Inge Genefke and Bent Sorensen ATS Foundation
- International Committee of the Red Cross (ICRC)
- International Rehabilitation Council for Torture Victims (IRCT)
- Legal Aid Commission (LAC)
- MdM
- Ministry of Health, Nutrition and Indigenous Medicine (MOHN&IM)
- Ministry of Law and Order & Prison Reforms
- Ministry of Social Empowerment, Welfare and Kandy Heritage (MSEW&KH)
- Ministry of Women and Child Affairs (MW&CA)
- National Child Protection Authority (NCPA)
- National Institute of Mental Health (NIMH)
- National Universities
- Neelan Tiruchelvam Trust (NTT)
- Northern Province Education Ministry (NPEM)
- Northern Provincial Council (NPC)
- Psychosocial Forums
- Right to Life
- Samutthana
- Sarvodaya
- Sri Lanka Foundation (SLF)
- Survivor's Associated
- The Asia Foundation (TAF)
- United Nations Population Fund (UNFPA)
- United States Agency for international Development (USAID)
- University of Denver
- Wake Forest University

FRC STAFF

Board of Directors

Dr. T. Gadambanathan - Chairman - FRC (Consultant Psychiatrist, Teaching Hospital, Batticaloa)

Dr. Upul Ajith Kumara Tennakoon - Chief Consultant Judicial Medical Officer

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Dr. C.S.Nachinarkinian - Medical Doctor

Ms. Dilkie Liyanage Fernando - Finance Consultant

Prof. Sivagurunathan Sivayogan - Emeritus Profesor

Dr. Visvanathar Jeganathan - Medical Doctor – Former Director General of MoH

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Mr. Tuan Iyne

Mr. Sunil Bastian

Ms. Indulekha Karunaratne

Dr. Palitha Bandara

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Mrs. N. Sivarany	Psychosocial Worker
Mr. S.M.Bajino Rio	Field Officer

Mullaitivu

Mrs. T.Vidya	Field Officer
Mr. N.Sivaruban	Field Officer
Mr. K.Mathiyalagan	Psychosocial Worker
Mr. K.Jeyajeevakamalathas	Psychosocial Worker
Ms. V.Hajeevana	Field Officer
Ms. Rosalind Dhamayanthi	Psychosocial Worker

Mannar

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Ms. M.Sivajini	Psychosocial Worker
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Ms. S.Mary Asvini Coonghe	Field Officer
Mr. S. Mariyaregino	Field Officer

Vavuniya

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Ms. A.Jesitha	Psychosocial Worker
Mr. J. Kirushanth	Field Officer
Ms. K.Rishanthini	Field Officer
Mr. U.Ratheesh	Field Officer
Mr. M.Sasikugan	Psychosocial Worker

Aranayaka

Ms. H.A.P. Thilakawardana	Psychosocial Worker
Ms. B.V.N.T. Dharmasena	Psychosocial Worker
Ms. W.P.I.P. Weerawardana	Psychosocial Worker
Mr.B.R. Wasantha Rupasingha	Field Officer
Ms. M.M.N.K. Rathmale	Field Officer
Ms. H.G.V.K. Wijesingha	Field Officer
Mr. Sathieshkumar	Programme Coordinator

FRC STAFF

Head Office - Colombo

Mr. Lahiru Perera	Executive Director
Ms. Amalka Edirisinghe	Director Programs
Ms. Samantha Perera	Finance & Admin Manager
Ms. Anagi Gunasekara	Clinical Psychologist
Ms. Niranjala Somasundaram	Quality and Learning Manager
Ms. Nithila Theivendran	Psychosocial Worker
Ms. Thilini Daswatta	Quality and Learning Coordinator
Ms. Induja Yogarajah	Accounts Assistant
Mr. Dhivaharan	Senior Accounts Assistant
Ms. Priyadharshini Phillip	Assistant Accountant
Mr. K. Reen Jeeroy	Accounts Assistant
Mr. S. Michael	Multi Duty Clerk
Mr. Sarathchandra	Driver
Ms. Meena Logini	Office Aide

Senior Management Committee (SMC)

Mr. Lahiru Perera	Executive Director (Chair Person)
Ms. Amalka Edirisinghe	Director Programs
Ms. Samantha Perera	Finance & Admin Manager
Ms. Anagi Gunasekara	Clinical Psychologist
Ms. Niranjala Somasundaram	Quality and Learning Manager
Mr. S. Sathieshkumar	Regional Coordinator - Aranyaka
Mr. Emilianspillai	Regional Program Coordinator - North

FRC CENTRE LOCATIONS

Colombo (Head Office)

No. 296/14, Park Road,
Colombo 05.

Tel : 011-258-0166

E-Mail : frctl@sl.lk

FRC - Kilinochchi (North Regional Office)

No 481, A9 Road, (Jaffna to Kandy Road),
Kilinochchi.

Tel : 021-228-3878

E-Mail : frc-kilinochchi@frctl.org

FRC - Vavuniya

No 9, Anne's Home, 7th Lane,
Vairavapuliyankulam,
Vavuniya.

Tel : 024-205-2144

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FRC - Mullaitivu

Temple Road, Karaichikudiyiruppu,
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FRC - Mannar

No 9, 2nd Cross Street,
Pettah, Mannar.

Tel : 023-225-1858

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FRC - Jaffna

"Thiruverakam", Station View,
Kadavatpulam Lane,
Chunnakam, Jaffna.

Tel : 021-226-1122

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குடும்ப புனர்வாழ்வு நிலையம்
FAMILY REHABILITATION CENTRE

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